

# Lunch Menu



**La Bamba**  
MEXICAN & SPANISH RESTAURANT

Monday thru Friday

11:30 AM - 2:30 PM

Add Cup of Soup \$2

Chips & Salsa \$5 - Dine in Only

## Quesadilla / 10

1 Melted cheese inside a large flour tortilla served with refried beans and taco sauce

## Enchilada / 11.5

2 A soft corn tortilla stuffed with your choice of beef, chicken or cheese served with yellow rice and refried beans

## Tostada Combo / 11

3 A flat crispy corn tortilla topped with your choice of beef or chicken, lettuce, tomato, cheese, sour cream and taco sauce served with yellow rice and refried beans

## Burro Combo / 13

4 A flour tortilla stuffed with your choice of beef or chicken served with yellow rice and refried beans

## Tuna Melt / 11

5 A large flour tortilla stuffed with tuna, melted cheese, onion and tomato served with taco sauce

## Ropa Vieja / 13

6 Shredded beef cooked with peppers, onions, tomatoes and spices served with white rice, black beans and ripe plantains

## Baby Palomilla / 13.5

7 A pounded baby tri-tip steak grilled and topped with chopped onions served with white rice, black beans and plantains

## Picadillo / 13

8 Seasoned ground beef cooked with olives, chopped onions and peppers served with white rice, black beans and plantains

## Pollo a la Plancha / 13.5

9 A juicy boneless chicken breast marinated and grilled served with white rice, black beans and plantains

## Masa de Puerco / 13

10 Chunks of pork marinated with garlic sauce, deep fried, topped with rings of raw onions served with white rice, black beans and plantains

## Hamburguesa / 12

11 Served with lettuce, tomato, onion and french fries  
**Add cheese / 13**

## Tuna Sandwich / 10.5

12 Served with lettuce, tomato, onion and french fries

## Taco / Beef or Chicken / 11

13 A crispy corn tortilla filled with ground beef, lettuce, tomato, cheese, and sauce served with yellow rice and refried beans

## Grilled Chicken Sandwich / 10

14 Served with lettuce, tomato, onion and french fries

## Grilled Chicken Avocado Salad / 13.5

15 Grilled marinated chicken, lettuce, tomato, carrots, cheese and avocado served in a large crispy flour tortilla shell

## Lechon Asado / 13

16 Slow Roasted Pulled Pork + Mojo & Lime Marinade + Sautéed Onions + White Rice + Black Beans + Plantains

*\*Notice: Consuming raw or under cooked meat, poultry, shellfish or seafood may increase your risk of food borne illness. Especially if you have certain medical conditions*



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## Locations

1

### **Plantation**

10169 W Sunrise Blvd.  
Plantation, FL 33322

2

### **Margate**

5452 W Sample Rd.  
Margate, FL 33073

3

### **Fort Lauderdale**

4245 N Federal Hwy.  
Fort Lauderdale, FL 33308

4

### **Delray Beach**

4285 W Atlantic Ave.  
Delray Beach, FL 33445

5

### **North Palm Beach**

730 US-1  
North Palm Beach, FL 33408

6

### **Fort Lauderdale - Harbor Shops**

1901 Cordova Rd.  
Fort Lauderdale, FL 33316